



# Champlain Valley Educator Development Center

Collaborative Professional Learning to Support Vermont Schools



## Beginning Teacher Cohort Virtual Series Embarking on Your First Years 2022-2023 with Dr. Tina H. Boogren

Target Audience: New Teachers (since 2020)

Effectively supporting beginning teachers is crucial for both retention and developing expertise in relation to student achievement. In these interactive virtual sessions, participants discover practical strategies to manage classrooms, increase student achievement, build strong relationships, and how to tend to their own wellness and self-care needs to avoid burnout and early career attrition.

Dr. Boogren offers teachers a road map for navigating the crucial beginning years in the classroom. Designed also for mentors, coaches, and supervisors, this series identifies six phases every new teacher goes through, offering crucial strategies to navigate each. Participants return to schools equipped with proven instructional and self-care practices.

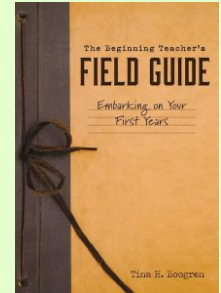
### Outcomes:

- Explore the six phases of beginning teachers: 1) anticipation, 2) survival, 3) disillusionment, 4) rejuvenation, 5) reflection, and 6) second anticipation.
- Understand the feelings and challenges associated with each phase.
- Discover practical strategies for instruction, classroom management, and relationship-building.
- Learn how to practice self-care to avoid career burnout that so often leads to teachers changing careers.
- Develop a plan for decreasing stress and increasing student achievement.

To learn more about our Presenter  
visit our website and drop down  
under the tab "About"

To Register: [www.cvedcvt.org](http://www.cvedcvt.org)

Questions? [info@cvedcvt.org](mailto:info@cvedcvt.org)



### Dates

September 15  
October 20  
November 17  
December 15  
January 19  
February 9  
March 16  
April 20  
May 18

### Location: Virtual

Time: 3:15 – 4:45 pm

### Cost:

CVEDC member: \$500  
Non-Member: \$600

Includes the text: Boogren:  
**The Beginning Teacher's  
Field Guide: Embarking on  
Your First Years**

**Mentors** for new teachers can  
sign up for an August 18  
training **Supporting  
Beginning Teachers**  
with or without the Series.  
Includes Dr Boogren's book:

